

## Scunthorpe Triathlon Club Training Race 7 Results

Position	Surname	First name	First run	Rank	Bike	Rank	Second run	Rank	Final time
1	Nottingham	James	00:10:46	1	00:27:16	1	00:11:49	1	00:49:51
2	York	Mark	00:11:53	3	00:27:57	2	00:12:37	3	00:52:27
3	Gibbs	Phil	00:11:32	2	00:29:48	6	00:12:27	2	00:53:47
4	Stonehewer	Nick	00:12:10	4	00:29:15	3	00:13:11	4	00:54:36
5	Yeats	Tony	00:12:41	5	00:29:31	4	00:13:27	7	00:55:39
6	McEwan	Paul	00:12:48	6	00:29:45	5	00:13:50	11	00:56:23
7	Frary	Jason	00:12:48	6	00:30:19	7	00:13:27	6	00:56:34
8	Salmon	Mark	00:12:53	9	00:30:48	9	00:13:44	10	00:57:25
9	Challen	Jon	00:13:11	10	00:30:51	10	00:13:42	9	00:57:44
10	Tundall	Peter	00:12:49	8	00:32:25	12	00:13:30	8	00:58:44
11	Jackson	Mark	00:13:18	11	00:32:10	11	00:13:21	5	00:58:49
12	Gollings	Mark	00:13:39	12	00:30:45	8	00:15:04	13	00:59:28
13	Hesletine	Carl	00:13:42	13	00:35:15	14	00:14:45	12	01:03:42
14	Weston	Trev	00:15:28	15	00:36:06	15	00:16:23	15	01:07:57
15	Adams	Paul	00:14:44	14	00:38:56	17	00:15:37	14	01:09:17
16	Conroy	Jon	00:15:58	16	00:37:21	16	00:18:16	16	01:11:35
17	Dent	Malcolm	00:19:55	19	00:34:12	13	00:19:30	18	01:13:37
18	Hopkins	Tony	00:17:55	17	00:42:58	19	00:18:27	17	01:19:20
19	McInerney	Michael Snr	00:19:24	18	00:41:16	18	00:19:58	19	01:20:38

Position	Surname	First name	First run	Rank	Bike	Rank	Second run	Rank	Final time
1	Watts	Emma	00:13:56	1	00:36:20	1	00:14:56	1	01:05:12
2	Frary	Debbie	00:16:28	2	00:42:24	2	00:17:53	2	01:16:45
3	Heminway	Chris	00:18:15	3	00:45:39	4	00:19:14	3	01:23:08
4	Doherty	Claire	00:21:39	4	00:45:04	3	00:20:25	4	01:27:08